



May Newsletter

Spring Testing: We will be having our Spring Color Belt testing May 23rd and 24th Test fees and Forms must be turned in by May 18th. If you have any other questions please feel free to ask.

Detroit Lakes Tournament : Our Local Tournament is coming up fast. It is a great opportunity to try out your first tournament or invite your whole family to come and watch you compete. Tournaments are more than just a competition. They are a great place to make new friends and meet new people that share the same interests as you Tae Kwon Do (or Being a Tae Kwon Do Parent). If you don't want to compete or would like to get involved more we can always us help setting up at 7:00 am the morning of and help with score keeping.

Picture Days: Mrs. Laura will be here to take Class & Individual pics May 7th & 8th

Summer camps: Summer is a great time for Tae Kwon Do training. Whether as mid-summer refresher or an intro for new students camps offer something for everyone.

A's and B's club: Last Day to Bring in Report Cards will be May 17th We will be having our A's& B's Club Party May 18th at 4:00p.m.

Booster Club News:

- The booster club is selling spirit/cheer ads for the tournament booklet. They will be \$25 black and white business card size ads with a picture or message from you to an athlete from our gym.
- Remember to ask local businesses to sponsor our tournament. Sponsors will get Advertising in our Tournament booklet as well as a Tax write off for Donating to our Non-Profit Booster Club. More are located in the lobby. Due May 19th.
- **Booster Club concessions:** The booster club is running concessions this year. Money raised at concessions will be used to provide scholarships, help pay for State and National Competitions and ect. Papa Murphy's is helping provide some pizzas, and the Boosters are asking if anyone could donate some packs of Gatorade/soda, and baked goods. We will also need volunteers to help run the stand. please let Ms. Krischal(Mr. Cameron's mom). Signup sheets will be on the counter.

Demos: I am always looking for events or places we can do demonstrations for the public. We use demos to help people gain a better understanding of Martial Arts and promote community involvement the Detroit Lakes Area.

Sparring in Class: we will be sparring in class May 29th and 30th to prepare for the Detroit Lakes tournament.

Free Sparring team: In June we will be offering free sparring team training to anyone who would like to try it out. Sparring team meets Mon/Wed at 6:30 pm and Fridays at 4pm. Please bring any sparring gear you have and a water bottle.



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Upcoming events:

MAY

5th Black Belt testing- 10 a.m. Bemidji, MN

5th Submission Challenge Fargo

7th and 8th- Picture Day

18th tentative A's and B's Club

18th -Tournament Sponsors due

19th Permit to Carry Class

19th Strongheart Martial Arts Tournament- Aberdeen SD

21st - Booster Club meeting

23rd & 24th Approx. Spring Color Belt Testing

28th -No Class

29th and 30th Sparring in Class

JUNE

2nd –Annual Detroit Lakes Tournament, High School Gym

JULY

2nd-9th USA Taekwondo National Championships. Salt Lakes City, UT

27th-28th Tentative Detroit Lakes TKD Jr. Summer Camp.

August

10-12th USCTU Black Belt camp

11th USCTU Kumdo Championships

SEPTEMBER

4th Fall Session Starts